

**Southeast Region  
CHNS/CHPS Report  
March 2016**

**Cassie Lewis, CHNS**

- Assisted new school nurse with performing Hearing, Vision, Scoliosis and BMI screenings.
- Communicated with school administration and school nurses on behalf of Arkansas Children's Hospital for opportunity for schools to utilize telemedicine sponsored through a grant. One school chose to participate-Clarendon School District.
- Met with local Food Service Director and school nurse. Provided information on Wellness requirements, ways to improve nutrition and physical activity, School Health Index, and other information beneficial to conduct effective wellness committee meetings.
- Provided flyers on nutrition to 25 nurses in GREC service area for the install news holders in schools for National Nutrition month.
- Attended Epinephrine training.
- Assists School Nurse Consultant in collecting data relevant to school nurses upon request as well as providing/clarifying information from School Nurse Consultant to school nurses and school staff.
- Reviewed updated Strategic plans and goals and TPCP goals.

**Lisa England, CHNS**

- Moderate amount of time spent planning for April 16th Kids Fest event.
- Hosted Break the Cycle training at Southeast Education Cooperative.
- Attended Epinephrine training.
- Conducted School Nurse visits and assisted School Nurses with various school health care needs and screenings.
- Attended SER HHI/Administrators meeting.
- Attended SEATRAC Injury Prevention meeting.

**Rosemary Withers, CHPS**

- Attended Coordinated School Health meeting: Updated on creating a healthy school environment through policy, school nurse updates, hydration education and heat illness prevention for school-aged children, state perspective: water policy development in schools, and Rison High School success story regarding water policy.
- Attended Safe School Health Initiative meeting: Updated on 2015 YRBS data, strategies to prevent underage sexting, and unsafe and healthy parental involvement.
- Participated in Dollarway Wellness meeting: Provided the Framework for Healthy Active Arkansas, invited members to join Jefferson GHC meetings, and briefly discussed policy issues.
- Attended CHPS meeting: Discussed BMI resource packet; schools mentoring schools initiative, Special Olympics, Indistrar, potential conferences to attend, potential trainings, and School

Wellness Committee toolkit. CHNS/CHPS meeting: Discussed the Arkansas Department of Health Strategic Plan for Tobacco Use and related objectives.

- Participated in the Southeast Region site visit with ADH Director, Minority Health Director and SE Region Director.
- Participated in Jefferson County Growing Healthy Communities meeting: Discussed logo, Healthy Arkansas Summit, and agenda items for celebration meeting.
- Presented at Arkansas Community Correction on nutrition education, which focused on MyPlate recommendations, shopping tips, and portion control. Provided handouts on “Reading Food Labels is a Healthy Habit”. 325 people participated.

- *Emailed to Andi, Sherry, Kimber and Julie 04/08/16*